

Activity 4.1

Reflection on Rationales



Think about a time you were trying to use a new skill or program. As an individual or with your team, reflect on these questions.

- How did you feel about changing the way you did things?
- What support did you have as you made this change?
- How long did it take for practitioners and staff to use the new program skillfully?
- Did you have someone to tell about “what got in the way”? If yes, were challenges resolved?
- Do you still use that skill or program? Why or why not?